

# **LIFEGUARD**

## DEFINITION

Lifeguards will perform duties as directed or assigned by the Aquatics Director.

## SUPERVISION RECEIVED and EXERCISED

Supervision will be received from the Aquatics Director and/or Assistant Aquatics Director.

## EXAMPLES OF DUTIES

Duties may include, but are not limited to the following:

- Maintain a constant vigil over patrons at the pool facility; rescue persons in distress.
- Maintain discipline and orderly conduct among the patrons and enforce all pool rules and regulations.
- Render first aid and cardiopulmonary resuscitation (CPR) procedures.
- Maintain and operate swimming pool and equipment including pool vacuum and filter system.
- Clean restrooms and dressing rooms; inform supervisor of maintenance conditions and supply needs.
- May be required to collect fees for swimming pool use; maintain records and reports as required.
- May be required to direct and instruct swimming, lifesaving and water safety classes.
- Perform related duties as assigned.

## EMPLOYMENT STANDARDS

Must have knowledge of water safety and lifesaving principles and practices as required through certification. Must have the ability to swim with proficiency and endurance, work with children and adults in a recreational swimming environment. Must interpret rules, regulations, and follow oral and written instructions. Must work with various cultural and ethnic groups in a tactful and effective manner. Must establish and maintain effective working relationships with those contacted in the course of work.

On a continuous basis, must sit while observing patrons using the pool facilities; intermittently stand, bend, squat, climb, kneel, twist and reach when assisting pool patrons. Must swim and lift moderate weight and occasionally lift heavy weight.

## EXPERIENCE AND TRAINING

Any combination of experience and training that would likely provide the required knowledge and abilities is qualifying. Possession of a valid American Red Cross Lifeguard Certificate or equivalent. Possession of, or ability to obtain, a valid Cardiopulmonary Resuscitation (CPR) Certificate or equivalent. Possession of, or ability to obtain, a valid First Aid Certificate or equivalent.

## REQUIREMENTS

Lifeguards will be expected to remain alert and watchful during their shift. A lifeguard's appearance will be a credit to herself/himself and representative of the Town of Holly. Lifeguards will be well groomed, wearing the required clothing when on duty. Lifeguards must be able to be easily recognized as pool employees.

Lifeguards will swim regularly as specified by the Aquatics Director.

## LIFEGUARD PROTOCOL FOR HIRE

All applicants meeting age requirements of 15 years or older will be given the opportunity to train for certification. Each applicant will pay for the certification fee. The swimming pool manager will administer a swimming and save test (after certification has occurred) which will qualify the applicants for consideration of hiring. From those who pass this exam, the manager will select applicants for hire. Upon hiring, the guards will be reimbursed the certification fee by the town.